

# The Evolution of Influencer Marketing: The Role of Authenticity and Strategic Planning in Building Brand Relationships Online

**Yuxuan Feng**<sup>1,\*</sup>

<sup>1</sup>Department of Digital Humanities,  
King's College London, London,  
United Kingdom

\*Corresponding author: yuxuan.  
feng@kcl.ac.uk

## **Abstract:**

Online influencer marketing (OIM) is a digital strategy where social media influencers promote products or brands to specific audiences. It has evolved from simple endorsements to sophisticated collaborations involving sponsored content, product placement, and influencer-generated material, facilitated by platforms like Instagram, YouTube, and TikTok. Brands utilize influencers to engage their target audiences, prioritizing authenticity and trust. Influencers range from celebrities to micro- and nano-influencers, offering diverse strategic options. This study examines the crucial role of authenticity in brand-consumer connections within OIM, exploring how content generation and transparency affect consumer perceptions and trust through electronic word-of-mouth (eWOM). A direct correlation exists between brand trust, marketing efficacy, and the disclosure of sponsored content and influencer authenticity. The article proposes a four-step methodology for effective OIM campaigns: planning, identifying, matching, and incentivizing, highlighting the need to prioritize conversion and brand loyalty over vanity metrics. Challenges like influencer fraud and shifting social platform algorithms can hinder OIM's effectiveness, necessitating rigorous authenticity verification and adaptive strategies. Despite technological advancements, authenticity remains central to OIM. The study provides strategic insights for brands pursuing long-term influencer partnerships, emphasizing the importance of building lasting emotional connections with consumers through authenticity.

**Keywords:** Influencer marketing; brand marketing; brand loyalty; digital marketing evolution; ethical considerations.

## 1. Introduction

Online influencer marketing (OIM) has emerged as a critical technique for marketers looking to interact with their target audience. Companies hope to use the unique resources of influencers to sell products and alter customer opinions through their vast social media fan networks, ultimately increasing brand performance online. Globally, online celebrities such as Chiara Ferragni in fashion and Austin Li in beauty play an important role in determining industry trends. Furthermore, Statista predicts that the market will reach a record \$24 billion by 2024 [1]. OIM relies on electronic word-of-mouth (eWOM) to build consumer trust and become a key factor in consumer purchasing decisions [2]. However, influencer fraud and altering platform algorithms continue to bring difficulties to ad performance [3]. As the OIM landscape shifts from traditional endorsements to deeper, more collaborative partnerships, the desire for authenticity rises, forcing businesses to reconsider how they interact with influencers and their audiences [4]. This paper explores the portrayal of authenticity in OIM and how it affects customer behavior via digital channels through a literature research approach. The main argument is that authentic content creation, transparency in sponsored postings, and intelligent campaign planning are essential for developing genuine online brand partnerships. This essay examines the merits and challenges associated with OIM, focusing on how online influencers can generate eWOM and establish genuine brand connections while balancing financial interests. The article is divided into four parts: firstly, it discusses the advantages and risks of OIM, especially how it contributes to eWOM generation; then it analyses the evolution of OIM from endorsement to deep collaboration, emphasizing the role of authenticity; the third part examines the impact of transparency and disclosure strategies on audience perception; and, finally, it discusses how brands can plan their influencer campaigns to go beyond vanity metrics to measure their long-term success.

## 2. Strengths and Challenges of OIM

### 2.1 Creating eWOM through OIM

The evolution of the Internet has spurred the establishment and proliferation of eWOM as a critical foundation for consumer decision-making. Unlike traditional advertising, OIM uses the influence of online celebrities to propagate eWOM via content distribution. Veirman and Hudders' research demonstrates that customers are more likely to believe comments from other consumers, and such eWOM is regarded to be authentic and credible

[5]. Brands are gradually understanding the importance of eWOM as a primary marketing strategy [2]. Internet celebrities vary from traditional celebrities in that they do not seek public recognition through institutional certification or professional achievements, but rather gradually establish their popularity by sharing their daily lives, ideas, and experiences on social media [3]. By naturally blending brand messages with influencers' material, OIM lessens the rigidity of typical advertising, making marketing messages appear more authentic and alive. At the same time, the cost-effectiveness of OIM outweighs traditional celebrity endorsements. Companies have discovered that dealing with small and medium-sized online superstars can provide a better Return on Investment (ROI), especially during volatile economic cycles [6]. Overall, technological advancements, the popularity of social media, and changes in consumer behavior have all contributed to the growth of OIM as a critical tactic in today's digital marketing.

### 2.2 Existing Risks and Challenges of OIM

Despite the high promise of OIM, there are still considerable dangers and challenges in practice. The first and most significant challenge is the phenomenon of influencer fraud. Wielki observes that some influencers artificially boost their impact by purchasing phoney followers or utilising bot programs, resulting in lost brand marketing investment [3]. According to Points North Group, brands spent \$744 million on OIM in 2018, with \$102 million going to false fans [7]. Furthermore, the abundance of false sponsored content adds to the brand trust crisis. Some influencers claim sponsorship without really working with brands to boost their credibility and impact among their followers. This practice not only misleads customers, but it also harms the brand's reputation [3]. As a result, when undertaking OIM, marketers must guarantee that the web celebrities they deal with are genuine and trustworthy through a rigorous screening process, as well as pay attention to their fan interaction rate to determine their true influence. Another difficulty is the frequency with which social media networks' algorithms change. As platforms modify their content recommendation algorithms, influencers' content may fail to reach their intended audience, resulting in a dramatic drop in brand promotion [3]. The uncertainty of algorithmic updates complicates brand marketing and necessitates brand flexibility in developing risk-management measures. To summarise, OIM has become a significant tool for modern marketing, with its advantages of effective eWOM development and efficient brand communication. However, factors such as fraud risk, bogus material, and algorithm updates provide prac-

tical challenges. To ensure marketing efficacy and sustainability, brands should use more stringent procedures for partner selection, content auditing, and risk management.

### **3. Presentations of Authenticity in Content Creation and Brand Relationships**

#### **3.1 The Evolution of OIM: from Traditional Endorsement to Deep Collaboration**

OIM has evolved beyond typical commercial endorsements to include influencer-created content like sponsored content and product placement. Okonkwo and Namkoisse note that this shift aims to create a more authentic connection with audiences through personalized content [4]. Authenticity and trust have become key to brands' choice of influencers as they significantly influence consumers' purchasing decisions and brand image [8]. Collaboration between brands and influencers allows for greater flexibility in content creation and enhances the brand's emotional connection with its audience through the personal brand of the influencer [9]. This type of collaboration increases brand awareness and influence and creates added value. In traditional endorsement, the effectiveness of the endorsement relies on the fit between the product and the endorser. McCracken identifies this change as the transformation of celebrity significance, which works more successfully when the consumer's identity is moved to the product [10]. Today, 'congruence' is used to evaluate the compatibility of companies and other entities, particularly in sponsorships and endorsements [11]. This evolution shows that brand-influencer collaboration has gotten more customised and nuanced, hence improving the true relationship between brands and their audience. On this basis, OIM's evolution indicates a revolutionary trend in digital brand marketing. Influencers are more than just product communicators; they also participate in and shape brand culture. This model of in-depth collaboration allows brands to build a more permanent and meaningful image in the minds of their audiences. However, this form of collaboration must be handled cautiously to avoid the public perceiving the collaboration between companies and influencers as merely commercial, thereby destroying the trust relationship.

#### **3.2 The Authenticity Challenge: Balancing Commercial Interests and Personal Branding**

For influencers, the challenge of maintaining authenticity between commercial interests and personal values is ongoing, and Arnesson suggests that the 'labour of au-

thenticity' for influencers in commercial collaborations entails meeting the needs of the brand while maintaining an authentic connection with their audience. Influencers can be classified as celebrities, mega-influencers, macro-influencers, or micro-influencers based on their number of followers. Micro-influencers are recognised for their small but devoted follower base, which makes it easier for their recommended content to be perceived as a genuine personal experience rather than a commercial venture [3]. However, when influencers promote via sponsored endorsements, their genuineness may be called into question. According to Kapitan et al., whenever fans believe that the recommended content is driven by financial benefit rather than personal experience, the trust connection may be jeopardized [8]. As Banet-Weiser points out, influencers' authenticity is determined not only by the self-expression of their content but also by their transparency and consistency in the branding process [12]. This balance of authenticity is critical to influencers' long-term success, and while it may limit the number of commercial collaborations, it aids in the development of a stronger and more dedicated fan base. Influencers must strike a balance between their personal brand and economic objectives to retain long-term impact.

#### **3.3 The Labor of Authenticity in Content Creation: Bringing Audiences Together**

Influencers use content production to express the authenticity of their brands and products to their audiences, particularly by combining personal experiences and emotions to connect with people. According to Banet-Weiser, many female influencers frequently disclose their emotional anguish, such as anxiety and tension, which addresses their viewers' pain spots while also improving their credibility and emotional connection with them [12]. Meanwhile, Arnesson argues how influencers challenge the traditional notion of a flawless existence by displaying their imperfect daily lives [9]. This honest expression gives the listener a greater sense of agency and trust. Influencers, for example, enable their fans to participate and develop quasi-social interactions by providing banal details about family life or behind-the-scenes footage, which serves as the foundation for brands to build a more authentic connection with consumers. This lends credence to Banet-Weiser's notion that such commercialised 'friendships' are critical to OIM's success, and that influencers' financial benefits are heavily reliant on commodifying their audiences [12]. According to the writers, the 'labour of authenticity' creates an emotional connection that goes beyond what traditional advertising can achieve, interweaving the brand's story with the lives of its audience. This strategy not only boosts the

legitimacy of the company's content, but it also makes the audience more psychologically open to the brand. However, this emotional connection also takes time and sustained investment, requiring influencers to maintain authenticity and consistency of self-expression in content creation to sustain a long-lasting interaction with the audience. Impact of information disclosure on trustworthiness.

## 4. Social Media Disclosure Strategies and Audience Perceptions

### 4.1 Impact of Information Disclosure on Trustworthiness

Transparency is a crucial factor in OIM for determining authenticity and trustworthiness. According to the Federal Trade Commission (FTC), influencers must clearly indicate any financial or material connection to a brand, which is typically accomplished using hashtags such as '#ad' or '#sponsored' so that consumers can easily identify the commercial nature of the content [4]. However, revelation of sponsorship may have a dual impact: on the one hand, it provides transparency; on the other, it may elicit a critical evaluation on the commercial and, as a result, a negative attitude towards the brand. This is because when consumers become aware of the persuasive nature of information through disclosure, they feel that their freedom to make decisions is threatened and resistance to persuasive attempts is likely to occur [5]. For example, a study by Boerman et al. noted that explicitly disclosed sponsored content posts on Facebook tend to activate consumers' knowledge of persuasion and may lead to resistance to persuasive behaviour [13]. Nonetheless, Kapitan et al. noted that a transparent model of business collaboration can help to balance the commercial interests of the brand with the personal image of the influencer, thereby enhancing consumer trust in the content [8]. Influencers can reduce customer mistrust in the short term by revealing their genuine affiliation with a business, resulting in a better long-term relationship of trust. Disclosure is not simply a question of 'whether to disclose', but a strategy that needs to be carefully designed. Brands and influencers should consider how to disclose in a way that meets legal requirements without creating consumer resentment. Transparency is centred on fostering a relationship of trust, not just formal compliance.

### 4.2 Platform-Specific Disclosure Strategies

Different social media platforms have a significant impact on disclosure strategies and the way users interact with them. Instagram, YouTube, and TikTok use distinct

disclosure tactics, which influence viewers' perceptions of content authenticity. Instagram, for example, with its emphasis on visual material, often requires sponsored content to be disclosed using short and direct hashtags (e.g., '#ad') [8]. While this public statement satisfies the platform's transparency requirements, the commercial aim is too obvious and may cause users to be suspicious of the advertising motives, lowering trust. In contrast, YouTube's long-form video format enables influencers to deliver more contextual information, hence lessening consumer resistance [13]. TikTok, on the other hand, gently incorporates brand messages into its content via short videos, reducing customers' negative reactions to commercial content. The authors contend that users on different platforms have varying levels of acceptance and expectations of commercial material, therefore businesses must consider platform characteristics and user behaviours when developing disclosure strategies to avoid a one-size-fits-all approach. In short, transparency and disclosure are not only essential for legal compliance, but also for establishing consumer trust. Consumers can make more informed decisions and choose products and services that align with their values and preferences thanks to clear and appropriate disclosure. In addition to being important from a moral and legal standpoint, maintaining this balance is also a key tactic used by businesses to develop enduring, reliable connections with customers.

## 5. Stages of Effective Influencer Campaign Planning

### 5.1 Planning, Recognition, Alignment and Motivation

Planning a successful OIM campaign starts with defining the campaign objectives and audience, and ensuring that these objectives are aligned with the brand strategy. Defining the roles of influencers and the resources available is key, and this foundation provides direction on the selection of influencers and the length of the partnership [15,16]. Common goals include raising awareness, increasing sales and encouraging user-generated content. For example, in the launch of a new product scenario, marketers utilise the influencer's call to action to promote the new product, thereby generating quick attention in the market. At this stage, brands need to consider how to use the influence of influencers to achieve these goals and plan in detail with the campaign audience. Second, considering the target audience when choosing influencers is important for brands. Brand fit, tone of voice, audience size, and influencer credibility are among the selection criteria [14].

Although influencers' following counts are frequently the first criterion used to assess them, engagement levels and interaction are also crucial [17]. Accurately matching the influencer to the product or brand is the third stage. Various platforms call for various approaches. Influencers in the cosmetics sector, for instance, frequently use Instagram to share product-sponsored content, showcasing goods through pictures, videos, techniques, and reviews on Instagram TV. By assisting influencers in planning events, such as increasing brand exposure through TikTok's Branded Mission challenge, brands may also subtly communicate with their fans. Finally, influencer programs and incentives need to be developed by brands. For instance, by providing goods or financial incentives to sustain ongoing partnerships [15,17]. Long-term partnerships can benefit the business even more because they increase the likelihood that the influencer will produce content for the brand going forward, opening new channels for brand communication and strengthening the influencer's emotional bond with the brand.

### 5.2 Beyond Vanity Metrics: Evaluating the True Success of Campaigns

Monitoring campaign efficacy is a key component of the process. While determining the ROI of OIM might be difficult, marketers must create evaluation measures that are tailored to individual campaign objectives. For example, if the campaign's goal is to raise brand recognition, metrics like visualisation and reach should be employed, whereas if the goal is to drive consumer action, click-throughs and engagement should be prioritised [3]. Truly effective campaign evaluation should not be confined to vanity metrics (e.g., number of likes and followers), but should instead emphasise more tangible value measures such as conversions, sales, and lead generation [17]. Furthermore, businesses should monitor statistics on audience interactions, such as comments and click-through rates, to determine how well a campaign piqued interest and induced significant action [18]. Furthermore, Okonkwo and Namkoisse argue that analysing the long-term impact of campaigns on consumer loyalty, repeat business, and brand recognition provides a complete picture of their long-term consequences [4]. As a result, measuring the performance of a marketing campaign should go beyond superficial data and include more specific and in-depth assessments that look at its actual impact and contribution to brand objectives. A thorough assessment of such a scenario not only gives the brand input on its present campaign but also offers solid backing for future marketing strategy optimization, allowing the company to maintain its competitive edge in a changing market.

## 6. Conclusion

In conclusion, this paper discusses OIM and its impact on the brand-consumer relationship. The central argument is that authenticity in content creation, transparency in sponsored posts, and strategic planning are critical for brand-consumer trust and can generate eWOM to shape consumer behaviors. First, the study examines the merits and disadvantages of OIM. Brands use influencers' tight networks of followers to deliver more natural and accurate messages, but they also risk influencer fraud and changes to the platform's algorithm. Second, as OIM evolves from traditional endorsements to more in-depth collaborations, the emotional fit between brands and influencers improves, hence strengthening the brand-audience relationship. The study then analyses the influence of transparency on customer trust and how different platforms might modify their disclosure tactics to lessen consumer opposition. Finally, the report suggests a four-step structure for firms to plan OIM, highlighting the significance of tracking long-term campaign results and shifting away from vanity metrics to focus on actual conversions and brand loyalty. Despite the fundamental ideas offered in this research, certain limitations remain. For starters, the report does not investigate cultural differences in disclosure tactics, and future research should focus on how to optimize transparency measures on a worldwide basis. Second, while this work examines the impact of algorithmic modifications, more research is needed on how companies can solve this difficulty in the long term. The limitation is that this study does not thoroughly examine the adaptability of OIM within multicultural context. Future research directions also include exploring how virtual influencers and AI-driven marketing can affect the authenticity performance of netizens. Additionally, research should continue to focus on how brands can maintain the authenticity and long-term sustainability of influencer content while securing commercial benefits. With the rapid evolution of digital marketing, continued research will optimise OIM strategies for brands to ensure they remain competitive in an ever-changing marketplace.

## References

- [1] Valentina D. Global influencer market size 2024. 2024. Available from: <https://www.statista.com/statistics/1092819/global-influencer-market-size/>
- [2] Goldsmith RE, Clark RA. An analysis of factors affecting fashion opinion leadership and fashion opinion seeking. *Journal of Fashion Marketing and Management: An International Journal*, 2008, 12(3): 308-322.
- [3] Wielki J. Analysis of the role of digital influencers and

their impact on the functioning of the contemporary on-line promotional system and its sustainable development. *Sustainability*, 2020, 12(17): 7138.

[4] Okonkwo I, Namkoisse E. The role of influencer marketing in building authentic brand relationships online. *Journal of Digital Marketing and Communication*, 2023, 3(2): 81-90.

[5] De Veirman M, Hudders L. Disclosing sponsored Instagram posts: the role of material connection with the brand and message-sidedness when disclosing covert advertising. *International Journal of Advertising*, 2020, 39(1): 94-130.

[6] Leung FF, Gu FF, Palmatier RW. Online influencer marketing. *Journal of the Academy of Marketing Science*, 2022, 50(2): 226-251.

[7] O'Malley G. Fake followers eating into brands' influencer marketing budgets. *MediaPost* 2019. Available online: <https://www.mediapost.com/publications/article/331748/fake-followers-eating-into-brands-influencer-mark.html>.

[8] Kapitan S, Van Esch P, Soma V, Kietzmann J. Influencer marketing and authenticity in content creation. *Australasian Marketing Journal*, 2022, 30(4): 342-351.

[9] Arnesson J. Influencers as ideological intermediaries: Promotional politics and authenticity labour in influencer collaborations. *Media, culture & society*, 2023, 45(3): 528-544.

[10] McCracken G. Who is the celebrity endorser? Cultural foundations of the endorsement process. *Journal of Consumer Research*, 1989, 16(3): 310-321.

[11] Ko HC, Lu PZ. The effects of the fit of gourmet Internet celebrities and their channels to the sponsored product on

purchase intention: A meaning transfer theory perspective. In *Proceedings of the 8th International Conference on Management of e-Commerce and e-Government*, 2021, 29-35.

[12] Banet-Weiser S. Gender, social media, and the labor of authenticity. *American Quarterly*, 2021, 73(1): 141-144.

[13] Boerman SC, Willemsen LM, Van Der Aa EP. "This post is sponsored" effects of sponsorship disclosure on persuasion knowledge and electronic word of mouth in the context of Facebook. *Journal of Interactive Marketing*, 2017, 38(1): 82-92.

[14] De Veirman M, Cauberghe V, Hudders L. Marketing through Instagram influencers: the impact of number of followers and product divergence on brand attitude. *International Journal of Advertising*, 2017, 36(5): 798-828.

[15] Lin HC, Bruning PF, Swarna H. Using online opinion leaders to promote the hedonic and utilitarian value of products and services. *Business Horizons*, 2018, 61(3): 431-442.

[16] Booth N, Matic JA. Mapping and leveraging influencers in social media to shape corporate brand perceptions. *Corporate Communications: An International Journal*, 2011, 16(3): 184-191.

[17] Piskorski M, Brooks G. Online broadcasters: How do they maintain influence, when audiences know they are paid to influence. *Proceedings of the 2017 Winter AMA*, 2017, 28: D70-D80.

[18] Casaló LV, Flavián C, Ibáñez-Sánchez S. Influencers on Instagram: Antecedents and consequences of opinion leadership. *Journal of Business Research*, 2020, 117: 510-519.